

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Our Food



Our food has Food for Life accreditation showing that:


- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and fat

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.

Week: 1
Date: 19th February, 11th March, 15th April, 6th May
3rd June, 24th June, 15th July

Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Jacket Potato with Beans & cheese

Veggie Meatballs served with Gravy, Mashed Potatoes and Baked Beans

Chocolate Sponge & Chocolate Custard

Fresh Fruit Salad

Tuesday

Beef Lasagne with Baguette Slice & Seasonal Vegetables

Veggie Pasta Bolognese with Baguette Slice & Seasonal Vegetables

Shortbread Cookie

Fresh Fruit Salad

Wednesday

Roast Chicken & Stuffing with gravy
Roast Potatoes
Vegetable Medley

Quorn Roast & Stuffing with gravy
Roast Potatoes
Vegetable Medley

Halal Roast Chicken & Stuffing with gravy
Roast Potatoes
Vegetable Medley

Ice Cream with Fruit

Fresh Fruit Salad

Thursday

Sausage, Mashed Potatoes, & Seasonal Vegetables

Veggie Sausage, Mashed Potatoes, Seasonal Vegetables

Flapjack with Raisins Milk

Fresh Fruit Salad

Friday

Fish Fingers with Oven Chips and Seasonal Vegetables

Cheese & Tomato Pizza, Oven chips
Seasonal vegetables

Chocolate Shortbread Slice

Fresh Fruit Salad



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Main

Dessert



Week: 2
Date: 26th February, 18th March, 22nd April, 13th May,
10th June, 1st July, 22nd July

Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Cheese & Onion Roll served with Baked Beans

BBQ Chicken with ½ Jacket Potato & Seasonal Vegetables

Roast Pork & Yorkshire Pudding
Mashed Potatoes, Gravy
Vegetable Medley

Homemade Sausage Roll served with Potato Wedges & Seasonal Vegetables

Fish Fingers
Oven Chips with Peas

Tomato & Basil Pasta served with Baguette Slice & Salad

Veggie Mince Cottage Pie served with Gravy
Seasonal Vegetables

Quorn Roast & Yorkshire Pudding with Gravy
Mashed Potatoes
Vegetable Medley

Veggie Sausage with Potato Wedges & Seasonal Vegetables

Cheese & Tomato Pizza,
Oven Chips with Peas

Halal BBQ Chicken
½ Jacket Potato & Seasonal Vegetables

Halal Roast Chicken & Yorkshire Pudding
Gravy
Mashed Potatoes
Vegetable Medley

Oaty Cookie

Jelly & Fruit

Marble Cake

Apple Crumble Muffin
Milk/Custard

Chocolate Brownie

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad




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Week: 3
Date: 4th March, 25th March, 29th April, 20th May,
17th June, 8th July

Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Main

Dessert

Monday

Tomato & Basil Pasta served with Baguette Slice & Salad

Macaroni Cheese served with Baguette Slice & Seasonal Vegetables

Jam Crumble Bar

Fresh Fruit Salad

Tuesday

Chicken Kebabs with Rice, Flatbread, Yoghurt Dip Salad

Quorn curry served with Rice, Flatbread & Seasonal Vegetables

Halal Chicken Kebab with Rice, Flatbread, Yoghurt Dip & Salad

Sticky Toffee Pudding & Custard

Fresh Fruit Salad

Wednesday

Roast Chicken Stuffing & Gravy Roast Potatoes Vegetable Medley

Quorn Roast Stuffing & Gravy Roast Potatoes Vegetable Medley

Halal Roast Chicken Stuffing & Gravy Roast Potatoes Vegetable Medley

Ice Cream with Fruit

Fresh Fruit Salad

Thursday

Sausage, Mashed Potatoes, & Gravy Seasonal Vegetables

Veggie Sausage, Mashed Potatoes, Seasonal Vegetables

Lemon Drizzle Cup Cake Milk

Fresh Fruit Salad

Friday

Fish Fingers Oven Chips with Peas

Cheese & Tomato Pizza, Oven Chips & Peas

Chocolate Orange Cookie

Fresh Fruit Salad



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