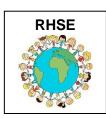




F2		
Autumn 1	Spring 1	Summer 1
PSED: To form positive attachments to adults and friendships with peers. To know I belong to class. (PSED) (RE) To name members of my family and say what is special about them. (PSED) To know that all families are different To talk about special times with my family (holidays, family days etc) (photos) PSED: To explain the reasons for rules and know whether it is right or wrong To know rules and routines of the classroom and school inside and outside and why they are important PSED: To show sensitivity to their own and to others' needs To talk about myself and what makes me special (RE) To talk about my friends and what makes them special (RE) PSED: to manage their own basic hygiene and personal needs including dressing, going to the toilet and understanding the importance of healthy food choices To design and make a healthy autumn soup (DT)	To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To recognise and name feelings in myself and others. (happy, angry, sad). (PSED) To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To recognise what causes different feelings in myself and others. (PSED) To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To recognise ways of helping other people to feel better. (PSED) To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To know how to express my feelings in an appropriate manner. (PSED)	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To talk about what a healthy day looks like. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To understand why different foods and drinks are important to keep my body healthy. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To understand what exercise is and why it is good for me. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To understand the importance of sleep for my body.
Autumn 2	Spring 2	Summer 2
To form positive attachments to adults and friendships with peers.	To set and work towards simple goals, being able to wait for what they	To explain the reasons for rules, know right from wrong and try to
To know how to be a good friend. (PSED) To work and play cooperatively and take turns with others. To know why sharing is important. (PSED) To show sensitivity to their own and to others' needs. To know how to be kind. (PSED) To show sensitivity to their own and to others' needs. To know why friends sometimes fall out and how to make up. (PSED) To show sensitivity to their own and to others' needs. To know what unkind behaviour looks like and what do if someone is unkind. (PSED)	want and control their immediate impulses when appropriate. To understand what a goal is and that you need to persevere to achieve a goal. To set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. To understand what they have learnt to do and recognise what they would like to learn next. To show sensitivity to their own and to others' needs. To understand what is special about me. To show sensitivity to their own and to others' needs. To learn about people's similarities and differences in a positive way. To work and play cooperatively and take turns with others. To work together through sharing and taking turns. (PSED)	behave accordingly. To know the PANTs rule. (SRE) To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To consider the routines of a typical day. (SRE) To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. To understand why hygiene is important. (SRE) To show sensitivity to their own and to others' needs. To recognise that all families are different. (SRE) To be confident to try new activities and show independence, resilience and perseverance in the face of challenge. To know how to deal with change

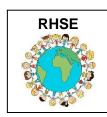


Fernwood Primary and Nursery School Subject Implementation Overview



To be confident to try new activities and show independence, resilience
and perseverance in the face of challenge.
To know what they can do now, that they couldn't do when they started
school.

Y1		
Autumn 1	Spring 1	Summer 1
Physical health and well being – fun times	To know about what is safe on and in own body.	To identify, talk about and manage feelings
To talk about how exercise and play make us feel	To know what is right to put in our bodies	To know about different types of feelings





To learn about sun safety	To know about food that is associated with special times in different cultures (link to faith and culture day)	To know how to manage feelings To know how a change or loss can feel
Autumn 2	Spring 2	Summer 2
Keeping safe and managing risk – feeling safe To know who to trust at school and home and who to talk to about feeling unsafe, worried or scared To know ways to keep safe	To know about own roles and responsibilities at home and school. To know what makes me special To know how to be responsible and take responsibility To know how to co-operate with others	To know about growing and how to care for own body To understand and learn the PANTS rule To know about growing and how to care for our own body To know how to keep clean and why it is important To know how my body grows and changes To know how to care for my body when in the sun

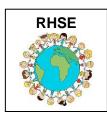
Y2		
Autumn 1	Spring 1	Summer 1
To know about friendships and ways to solve problems that might arise.	Keeping safe and managing risk – indoors and outdoors	To follow safe procedures for food safety and hygiene.





To know about the importance of special people in their lives To know about making friends and who can help with friendships To know how to solve problems that might arise with friendships	To keep safe in the home, including fire safety To learn keeping safe outside To understand road safety	To identify and name different food sources. To learn the importance for humans to eat the right amounts of different types of food. To describe the importance for humans to eat the right amounts of different
Autumn 2	Spring 2	Summer 2
To know about spending, where money comes from, keeping money safe and work. To identify different job possibilities. To understand why people work and have a job. To recognise uniforms and understand why they are worn. To understand why people work. To have some experience of 'work' for 'reward'.	To know why medicines are taken and how to keep safe round medicines. To understand why medicines are taken. To know where medicines come from. To know how to keep yourself safe near medicines.	To identify that boys and girls can do the same tasks and enjoy the same things To know about biological differences between male and female animals including humans and their roles in the life cycle To recognise that male and female sex parts are related to reproduction To know about the importance of respecting differences and similarities between boys and girls. To identify that boys and girls can do the same tasks and enjoy the same things. To know about biological differences between male and female animals including humans and their roles in the life cycle. To name the biological terms for the main male and female external genitalia. To recognise that male and female sex parts are related to reproduction.

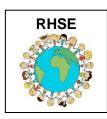
Y3		
Autumn 1	Spring 1	Summer 1





To continue to develop good mental health To recognise and understand emotions. To know what drugs are and how they can be harmful to humans. To learn about the effects of smoking. To know about the effects of smoking. To know the benefits of stopping smoking. To know about asthma medication	To continue to develop good mental health—celebrating achievements, setting goals and dealing with setbacks. To be able to celebrate their own and others' skills, strengths and attributes. To learn how to set achievable goals. To learn positive ways to deal with setbacks.	To make healthy choices about food and drink. To begin to understand about money and work. To understand how branding can affect what people buy To find out about being active and some challenges you may face.
Autumn 2 To know about bullying.	Spring 2 To know about community and belonging to groups.	Summer 2 To know about differences between male/female; personal space and
To understand what bullying is. To recognise different types of bullying. To know what to do if I witness bullying. To discuss: 'Are bullies bad people?'	To be able to value each other's similarities and differences (community) To know what is meant by community To know about belonging to groups. To discuss: 'If we are all different, what do we have in common?'	dealing with unwanted touch and family differences. To explore differences between males and females and to name body parts. To consider touch and to know that a person has the right to say what they like and dislike. To explore different types of families and who to go to for help.

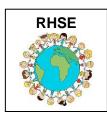
Y4		
Autumn 1	Spring 1	Summer 1





To know Britain is a democratic society, about how laws are made and about the local council. To know that Britain is a democratic society. To learn how laws are made. To learn about local councils and their role.	To know why people might choose not to eat certain foods. To learn why people may eat or avoid certain foods. To understand some of the factors that contribute to peoples' food choices. To know about the importance of sleep. To understand the importance of getting enough sleep.	To know that there are drugs (including alcohol, nicotine and narcotics) that are common in everyday life, why people choose to use them, changes in behaviour linked to drugs and how to make good choices To learn there are drugs that are common to everyday life. To understand the effects and risks of drinking alcohol. To know the patterns of behaviour related to drug use.
Autumn 2	Spring 2	Summer 2
Career's Week To know what influences people's choices when spending money. To learn how people can keep track of their money. To learn about different jobs.	To know about keeping safe—near roads, rail, water, building sites/with computer gaming. To learn how to stay safe in computer gaming habits. To learn how to stay safe near roads, rail, water, building sites and fireworks. To know some basic first aid. To learn what to do in an emergency and basic first aid procedures.	To know about how we grow and change including physical and emotional changes at puberty. To describe the body changes that happen when a child grows up. To understand some basic facts about puberty. To know how puberty is linked to reproduction.

Y5		
Autumn 1	Spring 1	Summer 1





To know about how the media can manipulate images and that these images may not reflect reality. To understand that food adverts can be misleading. To understand how the media portrays celebrities and can manipulate images	To know about a wide range of emotions and feelings and how these are experienced in the body including in times of change and grief To know about a wide range of emotions and feelings. To know about feelings in times of change To learn about the feelings associated with loss, grief and bereavement	To know that violence within relationships is not acceptable (Great Project). To understand healthy relationships To understand what domestic violence is and the support that's out there. To understand the reasons behind domestic violence. To understand gender inequalities and gender respect
Autumn 2	Spring 2	Summer 2
To know about keeping safe online. To encourage others to be safe online. To know about prejudice and discrimination and how this can make people feel. To understand prejudice and discrimination and how this can make people feel	To know about strategies to resist peer pressure regarding drugs, smoking and alcohol. To learn about the risks associated with smoking drugs. To learn about different influences on drug use. To learn strategies to resist peer pressure from others about whether to use drugs.	To know about prejudice and discrimination and how this can make people feel. To know about prejudice and discrimination. To know about stereotyping, including gender stereotyping. To know about changes in puberty and the importance of physical hygiene. To explore physical and emotional changes that occur during puberty. To understand male and female puberty changes.





Autumn 1	Spring 1	Summer 1
To understand the dangers of addictive drugs and how they can affect our bodies To understand the impact of drugs on our body. To learn about the effects of smoking on the body To learn about the effects of alcohol in the body	To know about the importance of mental health and ways to look after oneself. To understand the impact of low self-esteem To understand how to help look after your own mental health To understand what role you can play in supporting somebody who is suffering with their mental health	To understand the Human Rights Act and the UN Convention on the Rights of the Child/the experience of being a refugee/homeless To understand the Human Rights Act and the UN Convention on the Rights of the Child To understand the reasons why refugees move country and migrate to other places To understand homelessness within Nottingham City.
Autumn 2	Spring 2	Summer 2
To understand issues such as homophobia, radicalization and gender fluidity and FGM To understand what radicalisation is To understand that people have different sexualities To recognise your own personal values and to understand what British Values are (x2)	To understand about careers, financial capability and economic wellbeing. To understand the qualities needed in the workplace. To understand what an average person earns and what outgoing they may have (x2) To understand the risk associated with debt.	To know about being safe 'out and about' in the local area and recognising and respond well to peer pressure To understanding feelings of being out and about in the local area with increasing independence. To recognise and respond to peer pressure (including gangs and antisocial behaviour) To understand peer on peer abuse To know what constitutes a healthy relationship and about human reproduction. To consider puberty and reproduction. To consider physical & emotional behaviour in relationships To explore the process of conception and pregnancy. To explore positive and negative ways of communicating in a relationship. To understand issues such as homophobia, radicalization and gender fluidity and FGM To understand that private areas are private and what FGM is