

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office. If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Theme Days

Winter Warmer- 16th January
Chinese New Year - 29th January
World Book Day- 6th March
St Patrick's Day 17th March
VE Day-British Day - 8th May
Sausage Roll Day - 5th June
Leavers Day - July

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet please complete our form


<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



Week: 1
 Date: 24th Feb, 17th March, 22nd April, 12th May,
 9th June, 30th June, 21st



Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Tomato & Basil Pasta served with Seasonal Vegetables

Beef Spaghetti Bolognese served with Baguette Slice & Seasonal Vegetables

Roast Pork, or Halal Chicken Fillet with Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Homemade Sausage Roll with Mashed Potatoes and Seasonal Vegetables

Fish MSC Bubble Crumb served with Chips and Peas

Jacket Potato served with Cheese or Tuna Mayo & Salad

Veggie Spaghetti Bolognese served with Baguette Slice & Seasonal Vegetables

Quorn Roast, Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Vegan Quorn Sausage with Mashed Potatoes and Seasonal Vegetables

Cheese & Tomato Pizza served with Chips and Peas

Halal Beef Spaghetti Bolognese

Dessert

Oaty cookie

Ice Cream & Fruit

Chocolate Brownie

Apple Crumble
Sponge & Custard

Homemade Custard
Cream Biscuit

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad




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Week: 2
 Date: 3rd March, 24th March, 28th April, 19th May,
 16th June, 7th July



Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Cheese Snack with Mashed Potatoes & Seasonal Vegetables

Chicken Masala Curry with Rice, Flatbread and Seasonal Vegetables

Roast Chicken or Halal Roast Chicken with Stuffing & Gravy, Mashed Potatoes and Seasonal Vegetables

Jacket potato served with Tuna Mayo & Salad or Beans

Fish Fingers MSC served with Chips and Peas

Quorn Tomato & Basil Pasta with Baguette Slice and Seasonal Vegetables

Quorn Masala Curry with Rice, Flatbread & Seasonal Vegetables

Quorn Roast & Gravy, Mashed Potatoes and Seasonal Vegetables

Jacket potato served with Cheese & Beans

Cheese & Tomato Pizza served with Chips and Peas

Halal Chicken Masala

Shortbread Biscuit Milk

Lemon Drizzle Muffin

Ice Cream & Fruit

Chocolate Sponge & Chocolate Custard

Chocolate Crunchies & Raisins

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Main


Dessert



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Week: 3
 Date: 10th March, 31st March, 6th May, 2nd June, 23rd June, 14th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Fernwood Primary



Main

Dessert



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables	Jerk Chicken served with Potato Wedges and Seasonal Vegetables	Pork Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables	Teriyaki Chicken served with Rice & Seasonal Vegetables	Fish Fingers MSC served with Chips & Seasonal Vegetables
	Macaroni Cheese served with Baguette Slice & seasonal Vegetables	Jacket Potato and Cheese and Beans served with Salad	Vegan Quorn Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables	Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables	Cheese & Tomato Pizza with Chips & Seasonal Vegetables
		Halal Jerk Chicken		Halal Teriyaki Chicken	
Dessert	Chocolate Shortbread Slice	Jelly & fruit	Flapjack	Apple or Jam Sponge & Custard	Oaty Cookie Milk
	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad



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