

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Our Food



Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.


Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.

Week: 1
 Date: 2nd Sept, 23rd Sept, 14th Oct, 18th Nov
 9th Dec, 13th Jan, 3rd Feb



Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Tomato & Basil Pasta served with Seasonal Vegetables

Beef Spaghetti Bolognese served with Baguette Slice & Seasonal Vegetables

Roast Pork, or Halal Chicken Fillet with

Homemade Sausage Roll with Mashed Potatoes and Seasonal Vegetables

Fish MSC Bubble Crumb served with Chips and Peas

Jacket Potato served with Cheese or Tuna Mayo & Salad

Veggie Spaghetti Bolognese served with Baguette Slice & Seasonal Vegetables

Yorkshire Pudding & Gravy, Roast Potatoes and Vegetable Medley

Vegan Quorn Sausage with Mashed Potatoes and Seasonal Vegetables

Cheese & Tomato Pizza served with Chips and Peas

Halal Beef Spaghetti Bolognese

Quorn Roast, Yorkshire Pudding & Gravy, Roast Potatoes and Vegetable Medley

Oaty cookie

Ice Cream & Fruit

Chocolate Brownie

Apple Crumble Sponge & Custard

Homemade Custard Cream Biscuit

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Main

Dessert




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Week: 2
 Date: 9th Sept, 30th Sept, 4th Nov, 25th Nov,
 16th Dec, 20th Jan, 10th Feb



Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Cheese Snack with Mashed Potatoes & Seasonal Vegetables

Chicken Masala Curry with Rice, Flatbread and Seasonal Vegetables

Roast Chicken or Halal Roast Chicken with Stuffing & Gravy, Mashed Potatoes and Vegetable Medley

Jacket potato served with Tuna Mayo & Salad or Beans

Fish Fingers MSC served with Chips and Peas

Quorn Tomato & Basil Pasta with Baguette Slice and Seasonal Vegetables

Quorn Masala Curry with Rice, Flatbread & Seasonal Vegetables

Quorn Roast & Gravy, Mashed Potatoes and Vegetable Medley

Jacket potato served with Cheese & Beans

Cheese & Tomato Pizza served with Chips and Peas

Halal Chicken Masala

Shortbread Biscuit Milk

Lemon Drizzle Muffin

Ice Cream & Fruit

Chocolate Sponge & Chocolate Custard

Chocolate Crunchies & Raisins

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Main

Dessert




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Week: 3
 Date: 16th Sept, 7th Oct, 11th Nov, 2nd Dec,
 6th Jan, 27th Jan



Fernwood Primary

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Jerk Chicken served with Potato Wedges and Seasonal Vegetables

Pork Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Teriyaki Chicken served with Rice & Seasonal Vegetables

Fish Fingers MSC served with Chips & Seasonal Vegetables

Macaroni Cheese served with Baguette Slice & seasonal Vegetables

Jacket Potato and Cheese and Beans served with Salad

Vegan Quorn Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Cheese & Tomato Pizza with Chips & Seasonal Vegetables

Halal Jerk Chicken

Halal Teriyaki Chicken

Chocolate Shortbread Slice

Jelly & fruit

Flapjack

Apple Roly Poly & Custard

Oaty Cookie Milk

Dessert

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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