



Fernwood Primary and Nursery School

Subject Implementation Overview

PD



Nursery		
Autumn 1	Spring 1	Summer 1
<p>PSED- SR, BR, MS</p> <p>Settling In to Nursery/ All About Me</p> <p>Linked to BV: Respect / Rule of Law / Tolerance / Individual Liberty</p> <p>Who is in Nursery?</p> <p>What can you do in nursery?</p> <p>What are the Nursery rules?</p> <p>What makes you special?</p> <p>RHSE: What makes your family special?</p> <p>What are feelings?</p> <p>How do you get ready for bedtime?</p>	<p>PSED- MS</p> <p>Following the Rules</p> <p>Linked to BV: Rule of Law</p> <p>What are our Nursery rules?</p> <p>How do you make good choices at Nursery?</p> <p>How could you deal with this?</p> <p>Well Being</p> <p>Linked to BV: Individual Liberty</p> <p>How can you look after yourself?</p>	<p>PSED- MS</p> <p>Independence</p> <p>Linked to BV: Individual Liberty</p> <p>How can you become more independent?</p>
Autumn 2	Spring 2	Summer 2
<p>PSED- BR, SR</p> <p>Feelings</p> <p>Linked to BV: Tolerance</p> <p>What feelings do I know?</p>	<p>PSED- BR</p> <p>Friendships</p> <p>Linked to BV: Respect</p> <p>How can you be a good friend?</p> <p>What makes a good friend?</p>	<p>PSED- SR, MS</p> <p>Sun Safety and Transition</p> <p>Linked to BV: Individual Liberty / Rule of Law / Respect</p> <p>How can you keep safe in the Summer?</p> <p>How can you get ready for Reception?</p>



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Foundation 2- Reception		
Autumn 1	Spring 1	Summer 1
<p>Me and My Family / Rules and Routines Linked to BV: Respect and Rule of Law PSED - BR - Form positive attachments to adults and friendships with peers. PSED - MS - explain the reason for rules, know right from wrong and try to behave accordingly. PSED - SR - give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. Who is in my family and what is special about them? How is my family different from other families? When are special times with my family? (holidays, family days etc) What are the school and class rules and why they are important?</p>	<p>PSED - MS - show sensitivity to their own and others' needs. PSED - SR - show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Feelings Linked to BV: Tolerance and Individual Liberty What are my feelings and those of my friends? (happy, angry, sad). What causes different feelings in myself and others? What are ways of helping other people to feel better? How do I express my feelings appropriately?</p>	<p>PSED - SR - set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Setting Goals What is a goal is and what do I need to do to get it? What have I learnt to do and what would I like to learn next?</p>
Autumn 2	Spring 2	Summer 2
<p>PSED - BR - work and play co-operatively and take turns with others. PSED - BR - Form positive attachments to adults and friendships with peers. PSED - BR - Show sensitivity to their own and others' needs. Good Friends Linked to BV: Respect and Tolerance How can I be a good friend? Why is sharing important? How can I be kind? Why do friends sometimes fall out and how do we make up?</p>	<p>PSED - MS - manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. Healthy Lifestyles Linked to BV: Individual Liberty What does a healthy day looks like? Why are different foods and drinks important to keep my body healthy? Why is exercise good for me? Why is sleep important?</p>	<p>PSED - MS - be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. SRE/ Transition What is the PANTs rule? (SRE) What do I do on a typical day? (SRE) Why is hygiene important? (SRE) How are families different from one another? (SRE) How can I deal with change? What can I do now, that I couldn't do when I started school?</p>



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<p>What does unkind behaviour look like and what do we do if someone is unkind? How am I the same and different from my friends?</p>		
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Y1		
Autumn 1	Spring 1	Summer 1
<p>Exercise and play</p> <p>How does exercise and play make me feel?</p>	<p>Our Bodies</p> <p>What is right to put in my body? What foods are associated with special times in different cultures? (link to faith and culture day)</p>	<p>Managing Feelings</p> <p>What different feelings do I know? How can I manage my feelings? How does change or loss make me feel?</p>
Autumn 2	Spring 2	Summer 2
<p>Keeping safe</p> <p>Who can you trust at school and home and who can you talk to about feeling unsafe, worried or scared? How can you keep safe?</p>	<p>Roles and Responsibilities</p> <p>Linked to BV: Individual Liberty</p> <p>What makes me special? How can I be responsible and take responsibility? How can I co-operate with others?</p>	<p>Care for my body</p> <p>What is the PANTS rule?</p> <p>Growing and how to care for our own body</p> <p>How can I keep clean and why it is important? How does my body grow and change? How can I care for my body when in the sun?</p>



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Y2		
Autumn 1	Spring 1	Summer 1
<p>Friendships Linked to BV: Tolerance</p> <p>To know about friendships and ways to solve problems that might arise.</p> <p>Who are special people in my life? How can I make a friend and who can help with friendships? How do I solve problems that might arise with friendships?</p>	<p>Keeping Safe and Managing Risk</p> <p>Keeping safe and managing risk - indoors and outdoors</p> <p>How do I keep safe in the home? (including fire safety) How do I keep safe outside? What is road safety?</p>	<p>Food Safety and Hygiene</p> <p>To follow safe procedures for food safety and hygiene.</p> <p>What are different food sources? Why is it important for humans to eat the right amounts of different types of food?</p>
Autumn 2	Spring 2	Summer 2
<p>Money</p> <p>To know about spending, where money comes from, keeping money safe and work.</p> <p>What are different job possibilities? Why do people work and have a job? What are different uniforms and why are they worn? What are the benefits to working? (rewards)</p>	<p>Medicines</p> <p>To know why medicines are taken and how to keep safe round medicines.</p> <p>Why are medicines taken? Where do medicines come from? How do you keep yourself safe near medicines?</p>	<p>SRE Relationships</p> <p>To identify that boys and girls can do the same tasks and enjoy the same things To know about biological differences between male and female animals including humans and their roles in the life cycle To recognise that male and female sex parts are related to reproduction</p> <p>Why is it important to respect differences and similarities between boys and girls? Can boys and girls can do the same tasks and enjoy the same things? What are the biological differences between male and female animals? (including humans and their roles in the life cycle). What are the biological terms for the main male and female external genitalia? How are the male and female sex parts related to reproduction?</p>



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Y3		
Autumn 1	Spring 1	Summer 1
<p>Mental Health</p> <p>To continue to develop good mental health What emotions can you recognise and understand?</p> <p>Drugs and Smoking Linked to BV: Rule of law</p> <p>What are drugs and how they can be harmful to humans? What are the effects of smoking?</p> <p>To know about the effects of smoking.</p> <p>What are benefits of stopping smoking? What is asthma medication?</p>	<p>Celebrating Achievements</p> <p>To continue to develop good mental health– celebrating achievements, setting goals and dealing with setbacks.</p> <p>What skills, strengths and attributes can I celebrate about myself and others? How can I set achievable goals? How can I deal with setbacks in positive ways?</p>	<p>Healthy Food</p> <p>Physical health and wellbeing: What helps me choose?</p> <p>What healthy choices can I make with food and drink? How does branding affect what people buy? How can I be active and what are some challenges I may face?</p>
Autumn 2	Spring 2	Summer 2
<p>Anti-Bullying</p> <p>Linked to BV: Tolerance</p> <p>To know about bullying.</p> <p>What is bullying? What are different types of bullying? What should I do if I witness bullying? To discuss: 'Are bullies bad people?'</p>	<p>Belonging</p> <p>Linked to BV: Individual Liberty</p> <p>To know about community and belonging to groups.</p> <p>How can we value each other's similarities and differences? (community) What is meant by community? How do people belong to groups? To discuss: 'If we are all different, what do we have in common?'</p>	<p>Sex and Relationships</p> <p>To know about differences between male/female; personal space and dealing with unwanted touch and family differences.</p> <p>What are the differences between males and females and what are the names of the body parts? What is appropriate touch and is it ok for someone to say what they like and dislike? What are different types of families and who can I go to for help?</p>



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Y4		
Autumn 1	Spring 1	Summer 1
<p>Democracy</p> <p>To know Britain is a democratic society, about how laws are made and about the local council.</p> <p>is Britain a democratic society? How are laws are made? What is a local council and what is their role?</p>	<p>Food and Sleep</p> <p>To know why people might choose not to eat certain foods.</p> <p>Why do people eat or avoid certain foods? What are the factors that contribute to peoples' food choices?</p> <p>To know about the importance of sleep.</p> <p>Why is it important to get enough sleep?</p>	<p>Drugs and Alcohol</p> <p>To know that there are drugs (including alcohol, nicotine and narcotics) that are common in everyday life, why people choose to use them, changes in behaviour linked to drugs and how to make good choices</p> <p>Which drugs that are common to everyday life? What are the effects and risks of drinking alcohol? What are the patterns of behaviour related to drug use?</p>
Autumn 2	Spring 2	Summer 2
<p>Careers</p> <p>What influences people's choices when spending money? How can people can keep track of their money? What types of jobs could I do?</p>	<p>Keeping Safe/First Aid</p> <p>To know about keeping safe—near roads, rail, water, building sites/with computer gaming.</p> <p>How can I stay safe in computer gaming? How do we stay safe near roads, rail, water, building sites and with fireworks.?</p> <p>To know some basic first aid.</p> <p>What should I do in an emergency with first aid?</p>	<p>Puberty</p> <p>To know about how we grow and change including physical and emotional changes at puberty.</p> <p>How does the body change when a child grows up? What is puberty? How is puberty is linked to reproduction?</p>



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Y5		
Autumn 1	Spring 1	Summer 1
<p>The Media</p> <p>To know about how the media can manipulate images and that these images may not reflect reality.</p> <p>How are food adverts misleading? How does the media portray celebrities and manipulate images?</p>	<p>Emotions and Feelings in times of grief and change</p> <p>To know about a wide range of emotions and feelings and how these are experienced in the body including in times of change and grief</p> <p>What are a emotions and feelings? How could I feel in times of change? What are the feelings associated with loss, grief and bereavement?</p>	<p>The GREAT project</p> <p>To know that violence within relationships is not acceptable (Great Project).</p> <p>What are healthy relationships? What is domestic violence and what support is out there? Why does domestic abuse happen? What are gender inequalities?</p>
Autumn 2	Spring 2	Summer 2
<p>Online Safety</p> <p>To know about keeping safe online.</p> <p>How can we stay safe online?</p> <p>Prejudice and Discrimination</p> <p>To know about prejudice and discrimination and how this can make people feel.</p> <p>What is prejudice and discrimination? What is stereotyping, including gender stereotyping?</p>	<p>Drugs, Smoking and Alcohol</p> <p>To know about strategies to resist peer pressure regarding drugs, smoking and alcohol.</p> <p>What are the risks associated with smoking drugs? What are the different influences on drug use? How can I resist peer pressure from others about whether to use drug?</p>	<p>SRE - Puberty and Physical Hygiene</p> <p>To know about changes in puberty and the importance of physical hygiene.</p> <p>What are the physical and emotional changes that occur during puberty? How do males and females change during puberty? Why is personal hygiene important?</p>



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Y6		
Autumn 1	Spring 1	Summer 1
<p>How drugs affect our bodies</p> <p>To understand the dangers of addictive drugs and how they can affect our bodies</p> <p>How do drugs impact our body? How does smoking affect the body? What happens to the body when someone drinks alcohol?</p>	<p>Mental Health</p> <p>To know about the importance of mental health and ways to look after oneself.</p> <p>How can low self-esteem impact someone? How can I look after my own mental health? How can I support somebody who is suffering with their mental health?</p>	<p>Rights of the child, Refugees and Homelessness</p> <p>To understand the Human Rights Act and the UN Convention on the Rights of the Child/the experience of being a refugee/homeless</p> <p>What is the Human Rights Act and the UN Convention on the Rights of the Child? Why do refugees move country and migrate to other places? What does homelessness look like in Nottingham City?</p>
Autumn 2	Spring 2	Summer 2
<p>Radicalisation and British Values</p> <p>To understand issues such as homophobia, radicalization and gender fluidity</p> <p>What is radicalisation? Is it ok for people to have different sexualities? What are my personal values? What are the British Values?</p>	<p>Careers, Financial Capability and Economic Wellbeing</p> <p>To understand about careers, financial capability and economic wellbeing.</p> <p>What qualities are needed in a workplace? What are wages and outgoings? (x2) Does being in debt have any risks?.</p>	<p>Safety in our local area</p> <p>To know about being safe 'out and about' in the local area and recognising and respond well to peer pressure</p> <p>How does it feel to be out and about in the local area with increasing independence? How can I recognise and respond to peer pressure (including gangs and antisocial behaviour)? What is peer on peer abuse?</p> <p>SRE - Human Reproduction</p> <p>To know what constitutes a healthy relationship and about human reproduction and FGM What is puberty and reproduction? What is appropriate behaviour in a relationship? What is conception and pregnancy? What are positive and negatives ways to communicate in a relationship?</p>



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