

Personal Development at Fernwood Primary and Nursery School



Roles and Responsibilities - At FPNS we love to see pupils thrive and grow in positions of leadership and responsibility. Pupils are proud of their contribution to school life and aspire to different roles offered throughout school. Pupils can articulate responsibilities unique to their own classroom (class jobs). All classes have appointed a school council representative and ECO leader. Our Year 6 pupils apply for roles such as Office Helpers, Wellbeing Buddies, Sports Leaders, Reading Buddies, Playground Helpers, Garden and Wildlife Helpers and Hall and Merit Monitors.

Making a difference - We promote and celebrate making a difference at FPNS. Our children aspire to be Changemakers where individuals and groups go above and beyond to show they care for others or their community. The children are passionate about caring for the environment and (along with our families) get actively involved in our rolling programme of altruistic and fundraising events such as the Elf Walk, Green Day charities, Hope Food Bank collections, Comic Relief and Children in Need.



Trips and Visitors - Every year group has a special visit linked to the curriculum to bring learning alive. Every year group visits a place of worship or has a workshop experience in school to support their RE curriculum work. We welcome visitors from different faiths and inspirational leaders to our school for special days and assemblies. Despite our size, we build in whole school events where visitors to school creatively engage the children and provide opportunities to work collaboratively or be inspired for example our Pantomime Day, Our Faith and Culture Day and the Fernwood Festival

Mental Health and Wellbeing - This is a priority, and high on the agenda at FPNS. Good wellbeing and mental health are instrumental in being able to learn well and so we ensure that pupils have a good understanding of themselves and how to be well. We hold regular whole school wellbeing afternoons/events where pupils explore different aspects of mental health. Wellbeing is promoted in assemblies and is taught in our PD curriculum. We work with the MHST who hold year group workshops to meet cohort or age and stage needs. We have a comprehensive support package for our pupils who are struggling with their mental health, including Sports Coaches, 2 fully trained ELSAs, a counsellor and a representative from MHST who works with pupils and their families.



Clubs - We offer a number of after-school clubs to allow pupils a 'taster' of a sport or experience. Often our clubs run for 6 weeks to allow as many children as possible to access an additional activity - clubs offered include: running club, chess, sign language, gymnastics, dodgeball, music and movement, dance, French, forest school, computing and archery.

Musical Opportunities - Performances take place for the children each year where musical talent can be showcased. Pupils perform at the start and end of celebration assemblies. Opportunities to perform are provided throughout the school year for example, in class assemblies. Our choirs perform twice a year for parents and biannually attend the 'Young Voices' event. Music clubs are available for children to dip their toes into playing a musical instrument in KS1 (Ukulele and Recorder) and at KS2 children are offered music lessons in brass, wind and guitar. In Year 4 the children receive specialist music lessons offered by the Nottingham Music hub.



Sports – We have dedicated Sports Coaches in school to support with the PE curriculum. We use sport to motivate and develop growth mindset and confidence for identified individuals with our Sports Mentors. We work with the Fernwood School on Sports Festivals for each group each year. We are proud of our contributions to local and city competitions in football, cricket, cross country and chess. Many of our children pursue sport outside of school following one of the half-termly after school sports club which include basketball, running, badminton, dodgeball, dance, gymnastics and archery. Our Year 2s have been lucky enough to watch and take part in workshops with current tennis stars at the Nottingham Open.



Celebration – Joy and celebration are a huge part of an FPNS school career. Praise and positive feedback are our first responses to children’s work, effort and achievement. Pupils are able to articulate reward systems in their class. Pupils work towards 100-star rewards which allow all in school to praise and reward ‘above and beyond’ effort and behaviour. In our weekly celebration assemblies, a child from each class is celebrated by all for their learning or example to others. Classes are praised for their efforts in reading and times tables with ‘Elmer, Tiger and Moonlight’ in KS1 and the Reading cups and TTRS award in KS2. Pupils who stand out as shining examples related to our Fernwood FRIEND values are presented with a cup each half-term and our assemblies often include pupil or staff led news reports of victories (and defeats!) from our sporting competitions. Pupils comment on memorable and joy-filled assemblies and events that are part of the culture at FPNS, such as the annual Pancake Day assembly, 100-star class rewards, the Fernwood Festival, class assemblies and year group performances.

Personal Development Overview

	Curriculum	Visits and Visitors	Altruism and Outreach	Performance and Musical Ops	Sports	Wellbeing
Sept		Y6 Galleries of Justice		Y6 Class Assemblies	Y6 Bikeability Y2 Sports Leader Festival at the Fernwood School	The first three days – welcome and settling in ‘ We belong ’
Oct	Black History Month History Day with Diversity Focus Year 1 Drama Workshops CRWMes	Y4 Titus Roman Day Y1 Wollaton Park Y2 Bramcote Lane	Read for Good – Readathon	Y6 Class Assemblies	KS2 Rugby World Cup Y6 Boys Football Tournament, League and County Cup Y6 Girls County Cup	
Nov	Careers Week	Y3 Wollaton Park Y2 Bramcote Lane Careers Fair + other visitors in school link to careers	Children in Need – Challenge for Charity Planting crocus bulbs with Rotary	Y5 Class Assemblies	Cross Country Competition	MST Y4 workshops – Emotional Regulation Wellbeing Session – ‘ Rest ’ Road Safety Assembly
Dec	Y1 Craft competition	Reception and Year 1 visit to St Leonard’s Church Y5 Space Centre	The Elf Walk – Wish Upon a Star Charity Cake Sales for RSPCA and Food Banks	All Year Groups Christmas Celebration Reception Nativity		

Friendship • Respect • Inclusion • Enthusiasm • Nurture • Determination



	Nottingham City Christmas Art Competition		FoF KS2 Discos FoF Christmas Card Event Hope Food Bank collection	Choir Performance to Parents Area Band 'Christmas in the City' concert		
Jan	Maths Day CRWMes	Pantomime Day M&M productions Y3 Leicester Museum - Ancient History	Big Garden Bird Watch	Year 5 Class Assemblies	Y4 Sports Leader Festival at the Fernwood School	WMHDay - How to have a healthy mind MST Year 3 workshops - resilience
Feb	Faith and Culture Day Poetry Competition	Visitors linked to F and C day - dance and drumming workshops across school Y4 Pilgrimage	Wish Bear Visit	Year 5 Class Assemblies Biannual 'Young Voices' UKS2 choir	Y6 Boys Football League	Wellbeing Session - 'Friendship'
Mar	Science Day World Book Day CRWMes	Y4 York Residential Y3 Sikhism Faith Experience Visiting author - for WBD YR and Y1 Easter workshops with St Leonard's Church	Red Nose Day - Do something funny for money	Year 1 Spring Play Year 4 Class Assemblies	Y5 Sports Leader Festival at the Fernwood School Y6 Boys Football League Y6 Girls Football League	Wellbeing Session - 'Physical Health'
Apr	Geography Explorer Day	Y2 Manor Farm Y5 Great Project Y1 Wollaton Park Plant Hunt	FoF KS2 Discos		F2 Sports Leader Festival at the Fernwood School Y6 Girls Football League	MST Year 6 workshops - managing exam stress
May	Green Day	Y2 'Glowfest' Sleepovers Y1 Visit to the Mosque Y1 Sherwood Pines F2 White Post Farm Y5 Great Project	Green Day Charity decided by Eco team	Year 4 Class Assemblies	Y3 Sports Leader Festival at the Fernwood School Year 5 Cricket Competition	MST Year 6 workshops - managing exam stress
June	CRWMes Big Arts Week with Art Exhibition National Chess Championships	Y6 Conwy Residential Vanessa McFlarane - Y5 Girls Talk Y2 Tennis Open Competition Y2 Explore Wollaton -Dovecote	School Summer Fair Hope Food Bank Collection FoF KS2 Discos	Year 3 Class Assemblies	Y6 Cricket Competition	Wellbeing - 'Outdoor Games' Teddy Bears Picnic MST Y2 workshops - worry
July		The Fernwood Festival - visitors and performances		Year 4 Class Assemblies Year 2 End of Year Play Year 6 Performances Year 6 Celebrations for parents Choir performance for parents	Y1 Sports Leader Festivals Sports Days KS2 Football World Cup Y6 Rounders' Festivals Y6 Boys Football Festival Y5 Boys Football Festival Y6 end of school Tug of War	The Fernwood Festival - 'Feel Good'