

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org



 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Fernwood

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Meat Free Monday

Tuck In Tuesday

Carvery Wednesday

Around the world Thursday

Friday

Main

Tomato & Basil Pasta with baguette slice & crispy fresh salad

Chicken Curry served with rice & flatbread & vegetable medley

Roast Turkey with gravy served with roast potato, crunchy carrot, broccoli trees and yorkshire pudding

Pork Hot dog with potato wedges and sweetcorn

Fish Fingers served with chips, tomato sauce, peas or crispy fresh salad

Vegetarian

Jacket Potato with Cheese & Beans with crispy fresh salad

Quorn Curry served with rice & flatbread & vegetable medley

Quorn Roast with gravy served with roast potato, crunchy carrot, broccoli trees and yorkshire pudding

Veggie Hot dog with potato wedges and sweetcorn

Cheesy Margherita Pizza served with chips & carrot sticks or crispy fresh salad

Something Different

Halal Chicken Curry served with rice & flatbread & vegetable medley

Halal Chicken with gravy served with roast potato, crunchy carrot, broccoli trees and yorkshire pudding

Halal chicken Hot dog with potato wedges and sweetcorn

Yummy Dessert

Ice Cream & Fruit or Fresh Fruit Salad

Chocolate Berry Sponge & custard or Fresh Fruit Salad

Chocolate Oaty Cookie & milk or Fresh Fruit Salad

Mexican Spiced Banana Cake & custard or Fresh Fruit Salad

Melting Moments Cookie or Fresh Fruit Salad



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Main

Meat Free Monday

Macaroni Cheese served with baguette slice crunchy carrots and crispy fresh salad

Tuck In Tuesday

Beef Spaghetti Bolognese served with baguette slice crunchy carrots or crispy fresh salad

Carvery Wednesday

Pork Sausage with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Around the world Thursday

Jerk Chicken served with rice and peas, sweetcorn or crispy fresh salad

Friday

Fish Fingers served with chips, tomato sauce, peas or crispy fresh salad



Vegetarian

Jacket Potato served with cheese & beans and crispy fresh salad

Veggie Spaghetti Bolognese served with baguette slice crunchy carrots or crispy fresh salad

Vegan Sausage with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Jamaican Quorn Curry served with rice and peas, sweetcorn or crispy fresh salad

Cheesy Margarita Pizza Served with chips, sweetcorn or crispy fresh salad



Something Different

Halal Beef Spaghetti Bolognese served with baguette slice crunchy carrots or crispy fresh salad

Halal Chicken Sausage with gravy served with mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Halal Jamaican chicken Curry served with rice and peas, sweetcorn or crispy fresh salad

Ham Tastic Pizza served with chips, sweetcorn or crispy fresh salad

Yummy Dessert

Oaty Cookie or Fresh Fruit Salad

Orange Sponge & Custard or Fresh Fruit Salad

Chocolate Crispy Cake or Fresh Fruit Salad

Shortbread Biscuit & Milk or Fresh Fruit Salad

Buffalo Sponge or Fresh Fruit Salad



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Main

Meat Free Monday

Veggie Sausage & Bean Melt served with potato wedges and Carrot Sticks

Tuck in Tuesday

Chicken Curry served with rice and flatbread, vegetable medley or crispy fresh salad

Carvery Wednesday

Roast Chicken with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Around the world Thursday

Tomato & Basil Pasta served with baguette slice sweetcorn or crispy fresh salad

Friday

Fish Fingers served with chips, tomato sauce peas or crispy fresh salad

Vegetarian

Veggie ball Tomato Pasta served with baguette slice crunchy carrot Sticks or crispy fresh salad

Quorn Curry served with rice and flatbread, vegetable medley or crispy fresh salad

Vegan Roast with gravy served with creamy mash potato, crunchy carrot, broccoli trees and yorkshire pudding

Jacket Potato with Tuna & cheese served crispy fresh salad

Cheesy Margherita Pizza served with chips & crunchy carrot sticks or crispy fresh salad

Something Different

Halal Chicken Curry served with rice and vegetable medley or crispy fresh salad

Halal Chicken with gravy served with roast potato, crunchy carrot, broccoli trees and yorkshire pudding

Yummy Dessert

Jelly & Fruit or Fresh Fruit Salad

Flapjack & Raisins or Fresh Fruit Salad

Lemon Drizzle sponge & Milk or Fresh Fruit Salad

Cardamom Biscuit & Milk or Fresh Fruit Salad

Chocolate Sponge & Chocolate Custard or Fresh Fruit Salad

