

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org



 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Fernwood Primary

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



	Meatless Monday	Around the world Tuesday	Carvery Wednesday	Tuck In Thursday	Pizza Party Friday
Main	Jacket potato with Cheese or tuna and beans or crispy fresh salad	Salt & pepper chicken with rice, flatbread & seasonal vegetables	Pork sausage with gravy served with creamy mashed potatoes, seasonal vegetables & yorkshire pudding	Cottage pie served with baguette slice & seasonal vegetables	BBQ chicken pizza served with chips, seasonal vegetables or crispy fresh salad
Vegetarian	Korean quorn flat bread served with rice sweetcorn or crispy fresh salad & mint yoghurt	Tomato & basil pasta, baguette slice & crispy fresh salad	Veggie sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding	Macaroni cheese with baguette slice & seasonal vegetables	Cheese & tomato pizza served with chips, seasonal vegetables or crispy fresh salad
Something Different		Halal salt & pepper chicken with rice, flatbread & seasonal vegetables	Halal chicken sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding	Chicken mayo & sweetcorn wrap with crispy fresh salad	Fish fingers served with chips, tomato sauce, seasonal vegetables or crispy fresh salad
Yummy Dessert	Chocolate muffin Or Fresh Fruit Salad	Oaty Cookie with milk or Fresh Fruit Salad	Fruit or Fresh Fruit Salad	Lemon shortcake slice or Fresh Fruit Salad	Marble cake or Fresh Fruit Salad



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Meatless Monday

Around the world Tuesday

Carvery Wednesday

Tuck In Thursday

Pizza Party Friday

Main

Cheese snack with mashed potatoes & seasonal vegetables or crispy fresh salad

Chicken kebab with rice & flatbread served with seasonal vegetables or crispy fresh salad

Roast chicken with gravy served with roast potatoes, seasonal vegetables & yorkshire pudding

Homemade sausage roll with mashed potato & seasonal vegetables

Fish fingers served with chips, tomato sauce, peas or crispy fresh salad



Vegetarian

Veggie Sausage served with mashed potato & seasonal vegetables

Quorn fajitas wrap with rice & seasonal vegetables or crispy fresh salad

Quorn roast with gravy served with roast potatoes, seasonal vegetables & yorkshire pudding

Pizza pasta with baguette slice & seasonal vegetables or crispy fresh salad

Cheesy margarita pizza Served with chips, sweetcorn or crispy fresh salad



Something Different

Halal chicken kebab with rice & flatbread served with seasonal vegetables or crispy fresh salad

Halal roast chicken with gravy served with roast potatoes, seasonal vegetables & yorkshire pudding

Yummy Dessert

Strawberry or vanilla Ice cream & fruit or Fresh Fruit Salad

Fruit or Fresh Fruit Salad

Shortbread cookie & milk or Fresh Fruit Salad

Vanilla sponge with sprinkles or Fresh Fruit Salad

Flapjack & raisins or Fresh Fruit Salad



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Main

Meatless Monday

Veggie meatballs & tomato pasta, baguette slice & crispy fresh salad

Around the world Tuesday

Jamaican chicken curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Carvery Wednesday

Roast chicken with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding

Tuck in Thursday

Pork hot dog served with potato wedges & sweetcorn

Pizza Party Friday

Fish Fingers served with chips & seasonal vegetables



Vegetarian

Veggie mince lasagne served with baguette slice, seasonal vegetables or fresh salad

Jamaican quorn curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Vegan roast with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding

Veggie hot dog with potato wedges & sweetcorn

Cheesy margherita pizza served with chips & crunchy carrot sticks or crispy fresh salad



Something Different

Halal Jamaican chicken curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Halal roast chicken with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding

Halal Chicken hot dog served with potato wedges & sweetcorn

Yummy Dessert

Jelly & fruit or Fresh Fruit Salad

Fruit or Fresh Fruit Salad

Cornflake Tart or Fresh Fruit Salad

Melting moments biscuit & Milk or Fresh Fruit Salad

Chocolate brownie or Fresh Fruit Salad

